


Soups & Appetizers

- Big Rock Daily Soup** 6 **Pretzel Twist with Citradelic Beer Dip** 4.50 *V
- Roasted & Smoked Tomato Basil Soup** *GF *V **Cup** 6.95 **Large Bowl** 9.95
Nothing says comfort more than a warm bowl of rich tomato soup
- Austrian Goulash Soup** *GF **Cup** 6.95 **Large Bowl** 9.95
Alberta beef slowly simmered with lots of onions, red peppers & paprika spice
- Pretzel Crumb Crusted Swiss Cheese with Sauerkraut** 12 *V as **Main Course** 19 *V
- Salt & Pepper Calamari**
Fried calamari tossed in fresh red onion julienne with spicy avocado poblano dip 12
- Beer Battered Onion Rings with Citradelic Beer Dip & Beer Ketchup** *V
8 pieces 7 / 14 pieces 12
- Pork Rib Bites**
Perfected in the sauce of your choice – **BUFFALO** or **BBQ** or **TERIYAKI** 12
- Caesar Salad - A Classic!** (*GF dressing, *GF option available) 16
Crisp romaine hearts, creamy garlic dressing, croutons, pancetta pedals & parmesan
- Mediterranean Quinoa Salad** *GF *V
Crisp romaine hearts, quinoa, cucumbers, Roma tomatoes, red onions tossed in balsamic vinaigrette and topped with cow feta cheese 19
- Blue Cheese & Red Beets Salad** *GF *V
Arcadian greens topped with crumbled blue cheese, walnuts, red beets & red delicious apple slices, drizzled with poppy seed berry vinaigrette 19
- Add Smoked Duck** 10/ **add 6oz Blackened Chicken Breast** 9/ **add 7oz Sirloin** 13
add 6oz Wild Salmon Filet 11/ **add Smoked Salmon** 10/ **add pair of Bratwurst** 9
- Atlantic "In-House" Smoked Salmon** (*GF option available)
Served with capers, red onions on toasted rye bread and fresh garden greens 21

Burgers

- Choice of Caesar Salad or Garden Salad or French Fries or Yam Fries or Daily Soup**
- Pork Schnitzel Burger "Arlberg"**
Thinly sliced & breaded pork strip loin, tomato & dill pickle aioli on brioche bun 17.50
add Swiss cheese 1.75 / add 3 double smoked bacon strips 2.50
- 100% Prime Rib Burger** (*GF option available)
Served on potato scallion bun with our own BBQ sauce 18
add cheddar cheese or Swiss cheese 1.75 / add mushrooms 1.50 / add pancetta 1.50
add 2 pieces of onion rings 2
- Wild Salmon Burger** 
Served on potato scallion bun with roasted red pepper aioli & cucumber salsa 19
- Spicy 100% Lamb Burger**
Served on brioche bun with black pepper lemon aioli & blue cheese 19
- Bison & Venison Burger**
Served on potato scallion bun with chipotle aioli, goat cheese & cranberry sauce 19.95

Chef Harry's famous 5" Savory Pies

- Choice of Caesar Salad or Garden Salad or French Fries or Yam Fries or Daily Soup**
- Original Bow Valley Turducken Pie** 19 (Turkey, Duck & Chicken)
- Chicken Pot Pie** 19 **French Tourtière** 18 (Beef & Pork) **Curry Vegetable** 18 *V

Entrees

Big Rock Bratwurst Combo

Grilled Thüringer bratwurst & Salzburger veal bratwurst, Austrian style sauerkraut, oven-roasted potatoes & Traditional beer mustard 21

Breaded Pork Schnitzel “Viennese Style”

Thinly sliced, tenderized & breaded pork strip loin, oven-roasted potatoes, seasonal vegetables & cranberry sauce 23

Mongolian Beef (*Vegetarian option available 21)

Thinly sliced AAA Top Sirloin pan-seared, tender broccoli tossed in sweet soy chili garlic sauce, served on bed of long grain rice 23

Pan-Seared Chicken Schnitzel “Hunter Style” (*GF with roast potatoes)

Butterflied & tenderized natural chicken breast topped with double smoked bacon and mushroom sauce served with egg spätzle & seasonal vegetables 26

AA Sirloin Peppercorn Steak 7oz *GF

Beef sirloin sous vide & broiled to your liking with brandy green peppercorn demi-glace served with oven-roasted potatoes and seasonal vegetables 27

Hazelnut-Crusted Elk Schnitzel

Tenderized & fried Alberta farmed elk served with wild mushroom sauce, egg spätzle and red cabbage 29

Lunch-all-at-once options!

Daily Soup

*Daily Savory Pie
Fresh Garden Greens*

*Fresh Baked Cookies
19.95*

Fresh Garden Greens

Daily Pasta Special

*Fresh Baked Cookies
21.95*

*Daily Chef's Special
Daily side dish
Seasonal Vegetables*

*Fresh Baked Cookies
28*

Daily Soup

*Daily Sandwich
Fresh Garden Greens*

*Fresh Baked Cookies
18.95*

*Daily Market Fish
Daily side dish
Seasonal Vegetables*

*Fresh Baked Cookies
28*

Substitutions \$2.50 each

**GF - Gluten friendly *V - Vegetarian*

Please tell us about your dietary needs and we do our best to accommodate.

All prices subject to 5% GST

A service charge of 18% will be applied to groups of eight or more.

Need Dinner? Ask for our frozen 10” Savory Pies for takeout!

Curry Vegetable Pie 19 Chicken Pot Pie 19 Scottish Ale Shepherd's Pie 18

Original Bow Valley Turducken Pie 23 Bison & Elk Pie 25 French Tourtiere 18

The Big Rock Grill is available for Afternoon and Evening Functions:

Weddings, Reunions, Wakes, Corporate Events and Fundraisers

For more information please contact Markus @ 403-890-5219 or

Harry @ 403-953-0290

Please inquire about Gift cards.